

LOVE  
RACING.NZ

RIDE

TO TIME



## WHAT IS RIDE TO TIME ABOUT?

Ride to Time is an event that helps teach Pony Club riders the skill needed to ride at a given pace over a given distance. This skill teaches riders what a horse's natural pace is and helps them to control how fast they are travelling, at a safe and balanced speed. This skill is important for cross country riding and show jumping and can equip riders with the skills to be employed as track riders or jockeys in the future.

In conjunction with the New Zealand Pony Clubs Association, LOVERACING.NZ is holding Ride to Time training days during the October school holidays. These training days will equip riders with the necessary skill needed to ride to time safely and will be a help for riders competing over the eventing season.

## TRAINING DATES & VENUES:

<b>NORTHERN REGION</b>	— Matamata Racecourse Matamata Racecourse	Wednesday 3 October 2018	11am - 4pm
		Thursday 4 October 2018	11am - 4pm
	— Cambridge Racecourse Cambridge Racecourse	Wednesday 10 October 2018	11am - 4pm
		Thursday 11 October 2018	11am - 4pm
<b>CENTRAL DISTRICT</b>	— Wanganui Racecourse Wanganui Racecourse	Wednesday 3 October 2018	11am - 4pm
		Thursday 4 October 2018	11am - 4pm
	— Hastings Racecourse Hastings Racecourse	Wednesday 10 October 2018	11am - 4pm
		Thursday 11 October 2018	11am - 4pm
<b>SOUTH ISLAND</b>	— Wingatui Racecourse Wingatui Racecourse	Wednesday 10 October 2018	11am - 4pm
		Thursday 11 October 2018	11am - 4pm
	— Riccarton Racecourse Riccarrton Racecourse	Saturday 13 October 2018	11am - 4pm
		Sunday 14 October 2018	9am - 1pm

## GEAR REQUIRED

Approved helmet: (AS/NZS 3838 (1998, 2003 or 2006) VG1 ASTM-F1163-04, F1163-11 or F1163-15 PAS 015:1998 or 2011 Snell E200), riding boots running shoes, back protector, medical armband, XC uniform and a jumping or all purpose saddle. No horse bandages.

A compulsory gear check will be done before the horses are mounted for the ridden session.

**\*Riders must be capable of riding at 80cm eventing level and horses must be fit enough to cope with 4000m ridden work on the day.**

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# LOVERACING.NZ RIDE TO TIME TRAINING APPLICATION

**NAME** .....

**ADDRESS** .....

.....

**CLUB** ..... **PC GRADE** .....

**HORSE'S NAME** ..... **RIDER D.O.B** .....

**EMAIL** .....

**TELEPHONE** ..... **MOBILE** .....

**EMERGENCY** .....

**ANY MEDICAL INFORMATION** .....

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**CLOSING DATE: FRIDAY 28 SEPTEMBER 2018**

## CONSENT FORM

I hereby give consent for ..... ("the rider") to attend the NZTR

Ride to Time Training to be held on ..... (dates and venue)

I understand in the event of this rider requiring urgent medical attention, every effort will be made to inform me first however if I cannot be informed, I hereby authorise the organisers to obtain such treatment (including blood transfusions and/or anaesthetics) as is considered necessary at the time. I also authorise the organisers to seek assistance for the rider's horse in the case of an emergency. I also undertake to reimburse the organisers for any costs incurred.

Neither the organising committee of this competition (NZTR) nor the PC accepts any responsibility whatsoever for any accident, damage, injury or illness to horses, riders, ground spectators or any other person or property

Signed: ..... Date .....

To be signed by Rider if over 18 or by parent or guardian if rider is under 18 years.